

Lock Your Meds

Local Evaluation
Survey Measures



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Purpose

These measures were developed to help prevention specialists test the effectiveness of the Lock Your Meds campaign in their community. They include adult and youth survey measures. The adult survey items are intended to be a short, standalone assessment that could be used at events such as health fair, town hall meeting, or other community presentations, as well as a part of the community health assessment. The youth measures could be used as standalone survey items, or be embedded into a comprehensive youth prevention survey. If survey measures are embedded into another survey it is recommended that you consult with an evaluator to ensure that they are consistent with the original survey, and that the intent of the measure remains the same if modified.

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Disclaimer

The views, opinions, and content of this publication are those of the authors and do not necessarily reflect the views, opinions, or policies of the NCDHHS.

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Adult Lock Your Meds Survey Measures

Questionnaire goal: assess how easy it is for youth and young adults to access medications in the home.

Where do you currently **store** your prescription drugs and other medications? (Select all that apply.)

- In a **locked** cabinet, drawer, or safe
- In an **unlocked** cabinet or drawer that is **easy** to reach (e.g., under the bathroom sink)
- In an **unlocked** cabinet or drawer that is **hard** to reach (e.g., above the refrigerator or stove)
- On a kitchen or bathroom counter
- On a nightstand or other bedroom furniture
- In a purse or bag
- Refrigerator
- I don't know of any prescription drugs or over-the-counter medicines in my house
- Other (specify)

The last time you got rid of unused prescription drugs, how did you **dispose** them?

- I threw them in the trash
- I flushed them down the toilet
- I dropped them off at a prescription drug take-back event
- I discarded them in a permanent medication "drop box"
- I destroyed them using a drug deactivation pouch (e.g., Deterra)
- I mixed them into cat litter or coffee grounds
- I gave them to another person
- Not applicable, I do not dispose of unused prescription medicine
- Not applicable, I took my prescription medications until they were all gone
- Not applicable, no one in my household has been prescribed medication
- Other (specify)

Do you have any youth or young adults who live in your home or regularly visit (i.e., at least a few times a year)? (Select all that apply.)

- No
- Yes, I have youth or young adults who live in my home
- Yes, I have youth or young adults who regularly visit my home

How old are the youth or young adults who live in your home or regularly visit? (Select all that apply.)

- 0-4
- 5-11
- 12-14
- 15-17
- 18-20
- 21-24

Youth Lock Your Meds Survey Measures

Questionnaire goal: assess how easy it is for youth to access medications, and whether they are misusing prescription medications or over-the-counter drugs. All items from or adapted from the LYM Youth Prevention Survey

If you wanted to, how easy would it be for you to get prescription drugs not prescribed to you in your home?

- Very hard
- Sort of hard
- Sort of easy
- Very easy

Where are the prescription drugs and over-the-counter medicines in your house stored? (Select all that apply.)

- In a **locked** cabinet, drawer, or safe
- In an **unlocked** cabinet or drawer that is **easy** to reach (e.g., under the bathroom sink)
- In an **unlocked** cabinet or drawer that is **hard** to reach (e.g., above the refrigerator or stove)
- On a kitchen or bathroom counter
- On a nightstand or other bedroom furniture
- In a purse or bag
- Refrigerator
- I don't know of any prescription drugs or over-the-counter medicines in my house
- Other

Have you ever used prescription drugs or other medications (like cold or cough medicine) in a way a doctor or healthcare provider did not direct you to use them?

- Yes, in the past 30 days
- Yes, in the past year, but more than 30 days ago
- Yes, more than a year ago
- No, never

When you used prescription drugs or other medication in a way a doctor or other healthcare provider did not direct you to use them, how did you get the prescription drugs or medication that you used? (Select all that apply.)

- It was prescribed for me (but I did not use it in the way the doctor directed)
- I took it from a doctor's office, clinic, hospital, or pharmacy
- I got it from a friend or relative for free
- I bought it from a friend or relative
- I took it from a friend without asking
- I took it from a relative in my home without asking
- I bought it from a drug dealer or other stranger

- I got it on the internet
- I got it some other way