



NC Department of Health and Human Services

Prevention Strategies Webinar-Part II

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September 29-30, 2020

Agenda

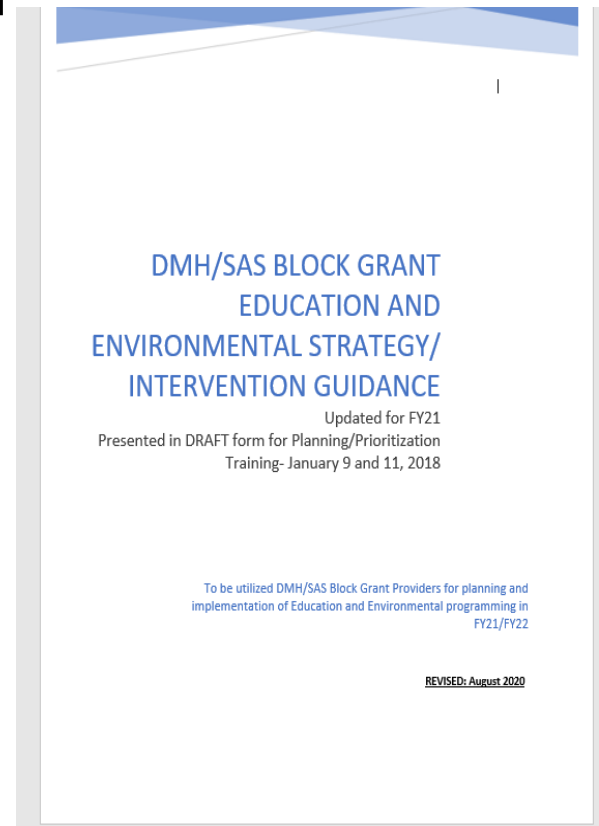
- **Updated Strategy Guidance**
 - Overall changes
 - New/combined strategies and clarifications
 - COVID impacted strategies
 - Connection to ECCO (process and briefcase info)
- **Approved Strategies**
 - Approval Process
 - COVID
 - Equity/Disparities work
 - Updated Reach Tool
- **ECCO**
- **Resources**
- **Q and A**



Updated Strategy Guidance

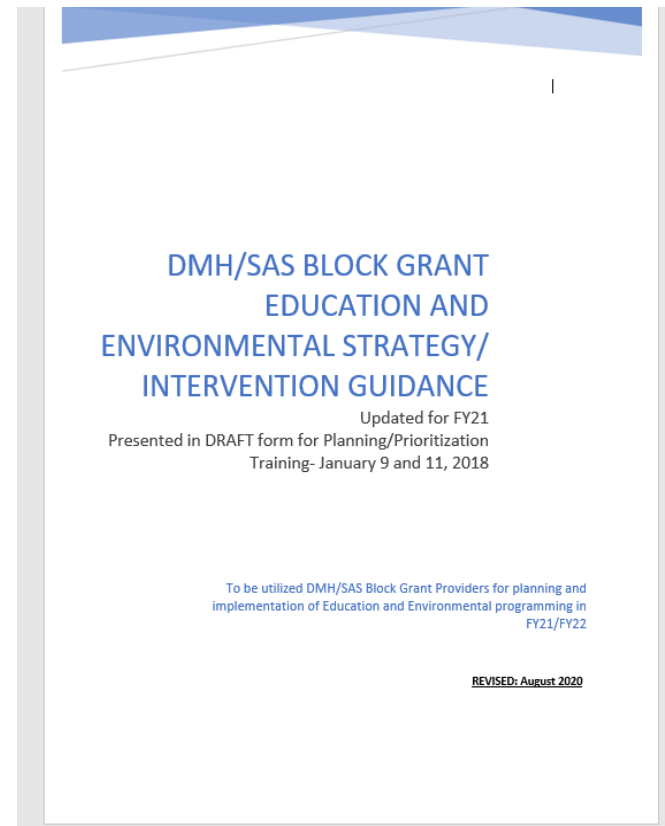
Updated Strategy Guidance Overview

- **Different substance categorization**
 - **Multi-Substance**
 - **Tobacco**
 - **Prescription Drugs**
 - **Alcohol**
- **New strategies**
 - **Social Host**
 - **Sobriety Checkpoints**
- **Combined strategies**
 - **Safer Prescriber (PDMP registration)**
 - **Lock Your Meds**
 - **Secure medication storage/safe disposal**



Updated Strategy Guidance Overview

- **Clarifications on Strategies**
 - Lock Your Meds
 - Youth Environmental Management
 - Safe Stores
- **COVID guidance**
 - YPE/PFE
- **Connection to ECCO**
 - List of Process data to collect and
 - Briefcase documents to upload



Updated Strategy Guidance Overview

Different substance categorization:

Multi-Substance

Youth and Parent/Family Education

Communication Campaigns (Social Norms and Support for Prevention (Policy/Advocacy)

Youth Environmental Management Strategies

Safe Stores (Support for Policy)

Establish, Review or Change School ATOD Policies

Festival/Event Restrictions

Establish, Review or Change Workplace and/or Community Policies

Updated Strategy Guidance: New Strategies

Social Host

- Don't forget about preemption!
- Consider existing laws (noise ordinances etc.) to strengthen and/or add
- Need to have law enforcement, legal, judicial support/buy-in

Sobriety Checkpoints

- Can't pay for law enforcement time
- Assist with logistics, scheduling and media to publicize and raise awareness around high-risk events/celebrations/times

New strategies

Updated Strategy Guidance Overview

Combined Strategy	Includes:
Safer Prescriber Training	Safer Prescriber Training AND PDMP Registration/ Utilization efforts
Lock Your Meds	LYM AND at least one Secure Storage and Safe Disposal Strategy
Secure Medication Storage and Safe Disposal	Lockbox distribution Locking Cabinet installation Permanent Medication Drop Box Take Back Events Chemical Medication Disposal

Updated Strategy Guidance Overview

Clarifications on Strategies:

- **Safe Stores:**
- **1-year renewable “Safe Store” designation**
- **Must have 2 successful purchase surveys and/or compliance checks conducted per year (for alcohol and tobacco)**
- **Must have a proportion of employees trained on appropriate selling or dispensing practices**
- **Prevention providers must create a recognition plan, including a list of media sources, messages for recognition, and a timeline for media messages**

Updated Strategy Guidance Overview

Clarifications on Strategies:

- **Lock Your Meds:**
- **Using the LYM Focus Group Guide for message and channel testing, prevention providers have collected feedback about comprehension, credibility, reaction, design, and effectiveness of Lock Your Meds materials** and distributed materials through sources that are popular and credible with the target population.
- Prevention providers have connected **Lock Your Meds to a co-occurring Secure Medication Storage and Safe Disposal Strategy.**
- **New tools:**
 - Lock Your Meds-Local Evaluation Survey Measures
 - Lock Your Meds-Focus Group Guide for Message and Channel Testing

Updated Strategy Guidance Overview

Clarifications on Strategies:

- **Youth Environmental Management:**
- Youth focused meetings utilizing the SPF planning model to assess, plan and implement evidence-based strategies led by youth
- **Can be** provider or school led (with provider assisting)
- **Cannot be focused on one event or training** (i.e. Youth Empowerment Forum) with no follow-up work
- Youth group **must** choose an evidence-based strategy to implement in the school/community after data collection and action planning

Updated Strategy Guidance Overview

Clarifications on Strategies:

- **Synar:**
- No action steps except for Media related activities
- Updated with T21 information for purchase surveys
 - Use youthful looking 21-year-olds
- **Other activities during COVID:**
 - NCTTA postcard for merchant education
 - Promote the online tobacco training
 - Coordinate with local ALE
 - Use local media/materials to encourage retailers to check ID (65% who don't check will sell to minors)

Updated Strategy Guidance Overview

COVID guidance-YPE/PFE:

The prevention provider must deliver an education program with:

- The prescribed number of required core curriculum sessions
- The core curriculum implemented in the appropriate setting as recommended by the program developer
- All sessions at least 30 minutes long
- All sessions delivered no more than two times per week for all programs
- **NOTE: For COVID 19 Requirements, a minimum of 3 sessions must be completed virtually or in an environment that could shift to virtually if needed. Interactive Curriculum must be chosen. The criteria for 80%+ youth to complete 80%+ of lessons is temporarily waived for the duration of COVID.**

Updated Strategy Guidance Overview

Connection to ECCO:

- **Describes what to collect and upload to ECCO**

ECCO Process Data to Collect:

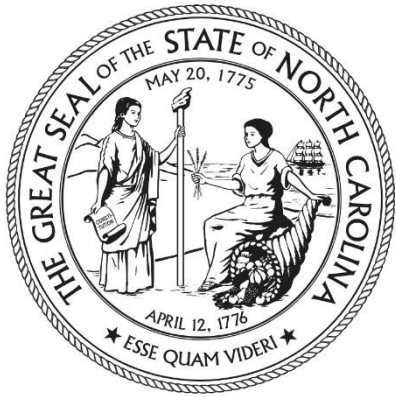
- Locations
- Projected Start/End Date
- Groups/populations served
- Format
- Recurring Intervention (Y/N)
- Number of groups started/completed
- Number of sessions implemented
- Number of youth completing 80% of sessions (Not Required during COVID)
- Master Reach

ECCO Briefcase Process information to collect

- Email/letter of approval for each curriculum (not to be uploaded annually)
- YPE certificate (not to be uploaded annually)
- Developer training certificate (not to be uploaded annually)
- Attendance logs for each curriculum
- Number of sessions, setting, length and dates of delivery for each curriculum delivery (i.e. schedule, plan)

What does this ALL (*hopefully*) mean?

- **Less interventions in ECCO**
- **Clearer best practice guidance**
- **Better connection to ECCO and the Audit process**



Approved Strategies

Approved Strategies

Community-Based Process

- Coalition/Task Force/
Collaborative/Meetings
- System Needs Assessment and
Strategic Planning
- State Level Workgroup
- Sustainability Planning/
Leveraging Resources
- Communities Mobilizing for Change
on Alcohol

Environmental Strategies

- Communication Campaigns: Social Norms
- Communication Campaigns: Support for
Prevention
- Environmental Strategies Planning
- Establishing, reviewing, or changing community
and/or workplace ATOD policies
- Establishing, reviewing, or changing school ATOD
policies
- Youth environmental management strategies
- Publicized sobriety checkpoints
- Responsible Beverage Service Training
- Retailer alcohol compliance checks
- Social Host
- Festival/Event ATOD Restriction
- Safe Stores
- Lock Your Meds
- Safer Prescriber Training
- Secure Medication Storage and Safe Disposal
- Synar

Approved Strategies

Prevention Education

- All Stars
- All Stars Jr
- AVOID
- Catch My Breath
- Celebrating Families
(Will be discontinued in FY 2022)
- Guiding Good Choices
- HALO (Healthy Alternatives for Little Ones)
- Life Skills Training (LST)
- Media Detective
- Media Ready
- Mentoring Support
- Parent & Family Management Planning
- Parent and Family Management Support
- Prime For Life
(Will be discontinued in FY 2022)
- Project ALERT
- Project SUCCESS
- Project Towards No Drug Abuse
- Project Venture
- Reconnecting Youth
- Safe Dates
- Second Steps
- STEP
- Storytelling for Empowerment
- Strengthening Families (10-14)
- Strong African American Families
- Too Good for Drugs
- Unique You (Formerly I'm Special)
- YPE Planning
- YPE Support

Approved Strategies

Information Dissemination

- Health fairs and other health promotion, e.g., conferences, meetings, seminars
- Prevention focused websites, email blasts, and newsletters
- Radio & TV public service announcements
- Speaking engagements/community presentations

Alternative Activities

- Drug free dances and parties.
- Recreation Activities
- Youth Leadership Development

Problem ID & Referral

- Educational Intervention

Approved Strategies

- **NCTTA Intervention and Best Practice Hub - <https://nctta-wiki.roxanne.althahosting.com/>**
 - **Includes Information from the Approved Prevention Strategies List and YPE Supplemental Information Detail Grid**
- **Excel Copies of the Approved Prevention Strategies List and YPE Supplemental Information Detail Grid Can still be found on the NCTAA Helpdesk at - <https://ncpreventiontta.zendesk.com/hc/en-us/categories/360000839492-SAPBG-Approved-Prevention-Strategies>**

Interventions during COVID

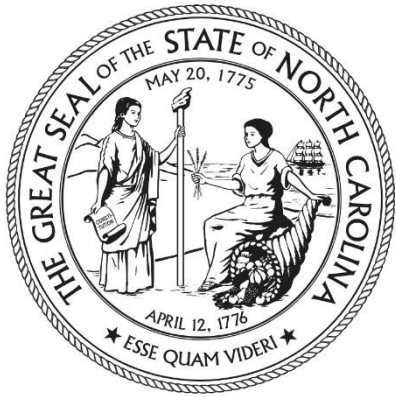
- **We realize some interventions may not be implemented due to COVID**
 - Implement what you can
 - Plan for what you can't
 - Delay until next year if needed
 - Consult with NC TTA, Wake Forest, LME/MCOs and the state as necessary!

Equity/Disparities Work

- **Equity/Disparities may be addressed for...**
 - High concern substances
 - High priority intervening variables
 - Highly changeable intervening variables
- **Further assessment may be done to understand the underlying reasons for identified disparities**
- **Connections may be made to relevant organizations to facilitate interventions for equity/disparities concerns that are not aligned with block grant needs**

Needs Assessment/Strategy Approval Process

- **By October 2, WFSM makes final recommendations regarding...**
 - Data completion and accuracy
 - Prioritization appropriateness
 - Strategies aligned with needs
 - **By October 12, DMH approves...**
 - High concern substances
 - High priority intervening variables
 - Highly changeable intervening variables
 - **Strategies that may be implemented (via email)**
- *DMH requests revisions via email as necessary*



ECCO

ECCO Intervention Profile (IP) Process

By October 5, 2020

- Providers can begin creating IPs for:
 - Community Based Process
 - Problem ID and Referral
 - Information Dissemination
 - Alternative Activities
- More information forthcoming from NC TTA Center

By October 12, 2020

- Providers can begin creating IPs for:
 - Education
 - Environmental Strategies

****Intervention profiles must be created/approved in ECCO *prior* to entering any data**

ECCO Administrative Category

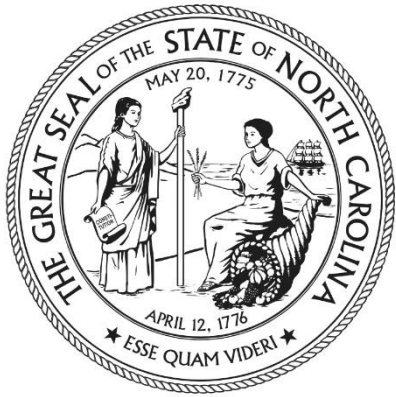
- **Administrative category: Create Intervention profiles to track hours for:**
 - Ecco Reporter
 - Community Team Building
 - Block Grant Supervision
 - Staff Training
 - Agency Work
- **No process/reach data or action steps needed for Administrative category**
- **Rationale: reduces reporting for strategies that don't contribute to outcomes**
- **No more than 20% of time should be spent in Administrative work**



Resources

Resources

- **Reach Tool:**
<https://ncpreventiontta.zendesk.com/hc/en-us/sections/360002010612-Counting-Reach>
- **Webinar Q and A Document**
- **Lock Your Meds Tools**
 - Local Evaluation Survey Measures
 - Focus Group Guide for Message and Channel Testing
 - To be posted to the TTA website
- **The Ecco Manual and other Documentation will be updated in coming weeks**



Q and A

