NC Department of Health and Human Services

# Prevention Planning Efforts During COVID-19

**March 31, 2020**
**April 2, 2020**

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## Agenda

- How preventionists can support each other and their communities
- Meeting grant expectations during COVID-19:
- FY20 Block Grant Audit Updates
- Impact of COVID-19 on other Statewide Deadlines
  - Annual reporting and ECCO
  - Needs Assessment reporting
- Fiscal Considerations
- Statewide Partner Updates
- Resources
- Q and A



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## COVID-19 Tips

- Seek credible, science-based information
- Provide transparent information when asked/available
- Understand state and local health and behavioral health resources to assist community members
- Explain/understand what your organization is doing (can do) to help
- Be present, viable and available for schools/communities to the extent you can
- Think in the present and try not to think negatively about the future
- Focus on the positive, the helpers, the good things happening in community
- Get grounded and take breaks
- Be kind and gentle with yourself/family/friends/co-workers
  - Some days will be better than others!
- Prioritize and focus when you need to
- Everyone is going through things you don't realize. Be thoughtful and kind in any kind of interaction-virtual or otherwise

(Adapted from Center for Creative Leadership)



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## Resiliency during Crisis

- Get enough sleep
- Prioritize stress management techniques and exercise
- Find positive distractions (hobbies, games)
- Control your emotions. Take a moment to assess the situation, if possible
- Enhance social connections with friends, family, colleagues
- Reflect on your experiences:
  - What happened?
  - What was I thinking and feeling at the time?
  - How did I get through it?
  - What did I do that helped me get through the situation?
  - What did I learn from the experience that has made me better?



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## Supporting Each Other

Stay in touch with the field:

- Participate in online "meet ups" and discuss prevention topics of interest

- Hold Virtual Meetings with Staff/Colleagues
  - Get regular updates and check-in to see how people are doing!

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  - Get regular updates and check-in to see how people are doing!



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## Supporting Communities

- Hold virtual coalition meetings
- Use principles of the SPF to assist in virus response planning and recovery efforts
- Volunteer (where possible and safe)*

* Usually not prevention grant supported. Check w/ DMH before billing for time!



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## In General..

- SAMHSA has indicated they understand there will be changes given the circumstances and will take into consideration that:
  - Not all deliverables will be met
  - Not all money will be spent
  - Not all goals will be met
- Document all good faith efforts to complete and/or change work
  - For Block grant, in Action Plans and/or other mechanisms
  - If you have questions, please contact your program/grant manager



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## Meeting Grant Expectations During COVID-19

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# Block Grant

## Youth and Family Education

- Plan for future classes/sessions/events
- Consider curriculums in summer programming where possible
- Consider offering online parenting classes for parents who may be experiencing stress
- Research and send substance misuse prevention resources to teachers and parents to incorporate in online curriculum (NIDA Teens)

## Communications Campaigns

- Test and obtain feedback on current materials with key audiences in virtual/online focus groups
- Plan for any changes to upcoming materials
- Consider incorporating a "disaster recovery message "into new and/or existing materials



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# Block Grant

## Prescription Drug Strategies

- Partner with community members/grocery stores to distribute medication disposal kits, permanent drop boxes and ways to dispose medicines (more) safely during COVID-19
- Use social and virtual media to publicize efforts and to hold safer prescriber and other trainings

## Youth Environmental Management

- Hold youth meetings virtually
- Have youth create messages (based on local data) about reducing stress, dangers of e-cig and alcohol use during COVID
- Use social and virtual media to get your messages across
- Plan future events
- Hold online training youth on environmental scans, SPF etc. for future work



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# Block Grant

**Support for Alcohol/Tobacco Compliance and Purchase Surveys**

- Share FDA /ALE tobacco data
- Recruit underage purchasers
- Verify retail lists

**RASP and BARS Training**

- Conduct online trainings/webinars
- Advocate for and participate in online alcohol and tobacco enforcement trainings



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# Block Grant

**Safe Homes/Safe Stores**

- Provide email or mail resources to parents/businesses
- Plan future events

**Establish, Change, Review or Change School, Workplace and Community ATOD Policies**

- Research school and/or local ATOD policies
- Hold virtual and online planning meetings
- Draft and review model policies



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## Block Grant

**Festival/Event Restrictions**

- Develop written protocols for events
- Assist partners in receiving support for protocols
- Hold virtual planning meetings



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## Synar Needs Assessment and Strategic Planning

**Conduct a Synar Needs Assessment**

- What does youth tobacco access look like at the state and community levels?
  - Collect data on the retailer violation rates for particular areas (cities, counties, neighborhoods, special populations, etc.).
  - Collect data on present policies in place at the state and community levels (laws, ordinances, policies regarding frequency of enforcement and merchant education visits).
  - Collect data on adjudication patterns (Are citations being upheld in court? Does this vary by jurisdiction?).



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## Optional Synar Activities:

- BG compliance report and matching accuracy of data entry into ECCO
- Mass mailing to retailers in your area-thank you letters for being in compliance-utilize latest Synar data and FDA public website.
- Market and gain support of Retailers to take the tobacco online training
- Build Partnerships:
  - Regional tobacco consultants to work on media campaign
  - Local Chamber of Commerce to gain local business support



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## Block Grant

- Information Dissemination
- Alternatives
- ID and Referral
- Community Based Processes

- Do your best to continue to meet time and % requirements

- Consider social and virtual ways to disseminate messaging and hold meetings
- May need to use ID and Referral to treatment/other social services in response to community crisis
- Expect that a lot of hours will be conducted in Needs Assessment planning



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## Prevention Block Grant Program Audit

- Will be held via online meeting in May-June 2020 as planned
- Covers work from July 1, 2019 to March 1, 2020
- Other processes as outlined previously
  - Educational in nature. No plans of corrective action
  - Read and follow your audit guidance documents
- Seek assistance as needed. Help is available.



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## Reporting Deadlines

- Annual reporting due July 20 as usual. It's okay to report less work and demographics from March 1-onward
- Needs Assessment final reports will be delayed until August 20
- New FY21 ECCO interventions will need approval to be entered into ECCO
  - More information forthcoming



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## Other Prevention Grants

**SPF-Rx, PFS, PUDi, NC BHEI, SOR Supplemental Coalitions**

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## SPF-RX

**Carryover**

- Sent to LME/MCO's the week of March 16th
  - Follow-up with your LME/MCO contact
- Flexibility of funds (waiting for confirmation from SAMHSA)
- Trying to extend spending

**Reporting**

- Year 3 reporting→ approved by PEPC
- Tracking Tools for Q2 (Jan-Mar) will be sent out **first week of April**
- Due to Jessica E. and Kendall by/before **April 24th**
- March 1-onward……will not be penalized for low reporting numbers/data collection efforts



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## SPF-Rx

**Trainings**

- Advanced Grant Writing (April 2020)
  - Virtual
    - 3 webinars for 2-hours each
    - **April 13th, 15th and 20th**
  - Duke University
- Health Equity Training (June 2020)
  - **Required to attend**
  - Virtual
  - Rize Consultants
  - More details coming soon

**Conferences**

- The Drug Abuse & Heroin Summit (Nashville)
  - Virtual- **April 14th-16th**
  - Still have to register
  - https://www.rx-summit.com
- NC 2020 Prevention Conference (Raleigh)



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## SPF-Rx Resources

- SPF-Rx Project Manager
  *Kendall Wood*
- North Carolina Training and Technical Assistance (NCTTA) Center
  *Jamie Edwards & Amanda Dezarn*
- Community Impact North Carolina (CINC)
  *Anna Godwin & Erin Day*
- Lock Your Meds (LYM)
  *Holly Carter*
- Wake Forest University
  *Melinda Pankratz*
- Pacific Institute for Research and Evaluation (PIRE)
  *Jessica Edwards*



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## SPF-Rx Year 5 *(July 1, 2020- June 30, 2021)*

**FY21 Budget**

- $18,000
- Make sure to include
  - Travel expenses for at least 2 SPF-Rx trainings
  - Travel/registration expenses for 2021 NC Opioid Summit
    - Raleigh
    - May 2021
- Funding restrictions
  - Staff time
  - Leasing/renting of office space
  - Food
  - Promotional items
    - **For essential program work only and must help meet goals of program. (i.e. pens with coalition/agency logo for Prescriber trainings, additional LYM materials)**
- Think about activities or trainings you weren't able to do this current year for next year
- Last year of funding
  - Possibility of No Cost Extension (NCE)
- **Please submit budget and budget justification by/before April 17th (date subject to change)**



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## PFS-Ongoing Work

| SPF Categories | Current Activities | Next Steps & Modifications |
|---|---|---|
| Capacity-Building | Start/Attend Coalition Meetings | Hold a sequence of teleconference calls to prepare for and/or achieve goals of a virtual site visit |
| Assessment | Prioritization of intervening variables | Communicate with local coalition/partners about intervening variables and gather community input on prioritization process virtually |
| Cultural Competency | Examine existing LME data on sub-populations and hold key informant interviews | (a) Create draft Disparities Impact Statement<br>(b) Identify data gaps |



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## PFS — Topics to Advance During Weekly Zoom Sessions (Friday Morning Coffee Hour)

- Sharing on substance-specific best practices & resources
- Utilizing statewide and local law enforcement data
- Increasing youth engagement (both their tech expertise and their capacity to work with coalitions/partners outside of normal time limitations of school)
- Assessment and implementation spending ideas
- Health disparities



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## PFS — Emerging Work (By CSAP Strategy)

- Community-Based Process (CBP) — increase number of partnerships and increase focused communications between select partners, e.g., local and campus police
- Environmental — Review existing policies that impact substance use, such as school, state alcohol, tobacco/vaping policies; document cases in local data-sharing
- Alternatives — Increase youth engagement, particularly in support of CBP and environmental strategies
- Prevention Education — Increase expertise on target substance, and after implementation strategies are developed, gain familiarity with curricula recommended by the state



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## PUDi

- Plan efforts to meet local conditions
- Michael Eisen and Mina Cook will be meeting virtually with each community to plan any revisions to efforts



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## SOR Supplemental

- Holly Carter: holly@impactcarolina.org is your primary point of contact
- Holly is reaching out to each county to discuss Action Plan & budgets
- Consider how LYM efforts can be increased
  - FYI- There is a delay in shipment of materials due to quarantine in Florida



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## NC Behavioral Health Equity Initiative

- **Continue Needs Assessment Activities**
  - **Use virtual meetings to conduct interview**
- **Will host virtual spring workshop and individual TA on logic model development**



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## Fiscal and Budget Considerations

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## Other Grant Fiscal Considerations

- Do not purchase additional giveaways or promotional items JUST to spend down money. Refer to SAMSHA guidance!
- Promotional items have to meet the original intent of your program and be a necessary item (i.e. curriculum materials for YPE, campaign or merchant education materials)
- You can purchase equipment to assist staff with teleworking (laptops, printers, jet packs etc.)
  - Any supplies over a certain amount ($5000) require LME notice/approval
  - Follow your agency procedures!
- You can purchase small incentives to entice participation in critical events such as virtual focus groups, online training and/or meetings. No more than $25.00 per person per event ($30 for PFS) and it can not be used at places that sell alcohol or tobacco products
  - Consider shopping locally and purchase local business gift cards (if available)!



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## FY21 Budget Process

- Working through internal processes now
- Have made inquiries to SAMHSA about extending and/or making FY20 money available beyond June 30. No response to date!
- Will make every effort to have FY21 money ready by July 1, 2020



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## Statewide Supports Updates

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## NC TTA

- Training updates
- Online resources available



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# Past (Available) NCTTA Online Training Webinars

| 2019-2020 Webinars | |
|---|---|
| Time | Webinar Title |
| 2:42 | Human Immunodeficiency Viruses (HIV), Acquired Immunodeficiency Syndrome (AIDS) & Sexually Transmitted Infections (STI) Training |
| 1:06 | Synar Merchant Education Update |
| :39 | SPF-RX Sustainability |
| 1:30 | Youth Problem Gambling and Stacked Decked Informational Webinar |
| :53 | ECCO Reports Overview (December 4, 2019) |
| 1:30 | Statewide Needs Assessment |
| :52 | Dover Youth 2 Youth - Implementing Comprehensive Prevention Efforts for Youth |
| :47 | PFS 2018 Tips & Tools |
| 1:20 | PFS 2018 New Grantee Welcome |
| 1:02 | ECCO Reports Overview |
| 1:02 | Dover Youth 2 Youth - Concepts in Youth Empowerment |
| :52 | Dover Youth 2 Youth - E-Cigarettes and Vaping |
| 1:09 | Online North Carolina Tobacco Retailer Training Overview |
| :53 | ECCO User Online Support Session |
| | |
| **16:13** | **Total Hours Available** |



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# Past (Available) NCTTA Online Training Webinars

| 2018 -2019 Webinars | |
|---|---|
| Time | Webinar Title |
| :57 | What is the TTA Center and How to Access Online Resources |
| 1:32 | Social Media Intermediate |
| 1:31 | SAFE Project Faith-Based |
| :56 | CSAPC Certification |
| 1:56 | Exploring the New Landscape of Tobacco Products and Nicotine Addiction |
| 1:30 | Social Media Primer |
| 2:59 | Ethical Theory, Applied Prevention Ethics and Digital Ethics |
| 2:57 | HIV/AIDS/STDs/TB & Blood-Borne Pathogens Training |
| 1:40 | The Intersection of Substance Use and Human Trafficking |
| 1:13 | Population Based Strategy Reach Tool |
| :54 | Applying Prevention Strategies to Recovery Messaging |
| :56 | The Master Grid and ECCO - Overview and User Support |
| | |
| **19:01** | **Total Hours Available** |



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## Pending NCTTA Online Events

- Planning Prevention Efforts During COVID - 19: For LME & MCO Staff Only
  Wed Apr 15th 10:00am – 11:30am
- Dover Youth 2 Youth Webinar - Coaching Youth Advocates in Presentation Skills
  Tue Apr 21st 3:00pm - 4:00pm
- Dover Youth 2 Youth Webinar - Working with the Press
  Tue May 19th 3:00pm - 4:00pm
- Dover Youth 2 Youth Webinar - Youth Advocates & Policy Change
  Tue Jun 16th 3:00pm - 4:00pm

## Pending NCTTA Face to Face Events to Alternative Planning

- Statewide Assessment Planning Workshop #2
- Life Skills Curriculum Training
- Identifying & Addressing Issues in Substance Abuse Prevention: Alcohol & Marijuana



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## NCTTA Technology Resources for Providers

- Video Conferencing
  - Zoom Meetings and Zoom Webinar
  - Go to Meeting and Go to Webinar
- Live Streaming to Facebook and YouTube
- ID and Password Protected Virtual Office Capacity with NextCloud
- Information Sharing and Support using Zendesk
- ID and Password Protected Learning Management System (Moodle)



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## NCTTA Virtual Coffee Hours

- Drop In Virtual Coffee Hours
  - April 1 from 2:00 to 3:00 pm
  - April 3 from 10:30 to 11:30 am
  - April 7 from 9:00 to 10:00 am
  - April 9 from 1:00 to 2:00 pm

Simply drop in our open Zoom Room from the nctraining.info website.
Click on myNCTTA>Online Office Hours (Zoom)



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## CINC

- Conference
- LYM
- Coalition supports



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## CINC

- NC Substance Misuse Prevention Conference
  - Moving to an online format
  - Dates: May 4-7
  - Youth Track: Date to be announced soon
  - Paid registration fees will be forwarded to 2021 Conference
- LYM
  - Shipment delayed due to Florida quarantine



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## CINC

- Ideas for Coalitions - CINC is available to support you in these!
  - Explore how you can continue to engage community partners/stakeholders
  - Assess your coalition
  - Plan or revise plan
  - Evaluate processes and outcomes
  - Virtual full and/or executive committee meetings (CINC Go To Meeting can be utilized)
  - 20-21 Fiscal Planning



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## CINC

- Social Media for Resources & Trainings
  - Instagram: community impact nc
  - Facebook: Community Impact NC
    - Group for Coalitions/Collaboratives: NC Coalition/Collaborative Networking
    - Group for Parent/Caregivers: At the Family Table
- Monthly Webinar -Last Tuesday of each Month at 11am
  - March 31: Understanding the Genogram Tool
- Parent Resource Page Will be E-mailed & shared on social media



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## Wake Forest School of Medicine Needs Assessment Support

**Continuously available**
- Topic Examples
  - Virtual stakeholder involvement
  - Prioritizing new data collection needs
  - Planning virtual listening sessions
  - Using the Youth Prevention Survey to identifying disparities
  - Template completion

**3 Virtual learning sessions**
- About 1 month apart
- Anticipated topics
  - Prioritizing intervening variables
  - Assessing Capacity
  - Identifying strategies based upon needs and capacity
  - Tying it all together

**Submit template**



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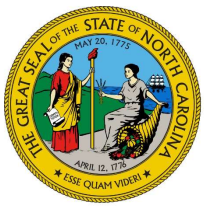


# Resources

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U.S. Department of Health & Human Services

SAMHSA
Substance Abuse and Mental Health Services Administration

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Newsroom / Coronavirus (COVID-19)

SHARE+

- Newsroom
- Coronavirus
- COVID-19 Information for SAMHSA Discretionary Grant Recipients
- Media Guidelines for Bullying Prevention
- Press Announcements
- SAMHSA in the News
- Speeches and Presentations

## Coronavirus (COVID-19)

SAMHSA recognizes the challenges posed by the current COVID-19 situation and is providing the following guidance and resources to assist individuals, providers, communities, and states across the country. SAMHSA stands ready to assist in any manner possible.

### SAMHSA Resources and Information

**NEW:** COVID-19 Information for SAMHSA Discretionary Grant Recipients

COVID-19 Public Health Emergency Response and 42 CFR Part 2 Guidance (PDF | 168 KB)

TAP 34: Disaster Planning Handbook for Behavioral Health Treatment Programs

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RACIAL EQUITY TOOLS | HOME | ABOUT US | GLOSSARY | FAQ | SEARCH

FUNDAMENTALS | PLAN | ACT | EVALUATE | CONNECT | CURRICULA

Home / Fundamentals / Resource lists

## COVID-19 - Racial Equity & Social Justice Resources

COVID-19 Racial Equity & Social Justice list includes information that we hope will help communities and activists as they work to understand and respond to the moment and for the long haul. Our COVID-19 Resources are arranged in categories to help you sift through the material:

**Analysis** includes a range of resources that look at the big picture - how the pandemic may reshape the world, the existing disparities it highlights, and perspectives on the virus' impact on different communities and issue areas

**Resources and Tools** includes tips and strategies for response, communication and framing, and addressing hate.

**Healing and Community Care** centers on how to care for ourselves and our people in this time, while continuing to center the needs and perspectives of the most vulnerable

**Organizing and Solidarity** has resources on actions people are already taking to bring attention to issues that intersect with the virus' impact, including worker and migrant rights, needs of specific communities of color, and more

**Resource Building & Rapid Response** – Includes lists of different funds currently available, guidance on resource building at this time and how foundations and donors need to be equitably

Racial Healing Resources: Explore reconciliation & healing as strategies for equity »

RECENT VIDEOS

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PTTC Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

YOUR PTTC | EDUCATION | RESOURCES | PROJECTS | COMMUNICATION | ABOUT

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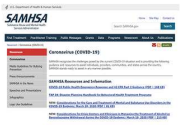
## Pandemic Response Resources

### Federal Resources



**SAMHSA.gov Resources**

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## Questions?



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## Thank you!

- Take care of yourself, your family/friends and each other!
- We wish peace and health for everyone
- Together alone!
  - We may be separated, but we are all in this together
  - Please don't hesitate to connect with us and with each other



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